

February 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17	18	19	20	21	22	23
	<p>Family Day: Ritual OPEN!</p> <p>Yin Yoga 5:30pm (60 min) Renée</p>	<p>Ritual Ride 7am (30 min) Karli</p> <p>Mama 'N Me Safe Exercise Class 12pm (60 min) Renée</p> <p>Ride Circuit 5:30pm (60 min) Dina</p>	<p>Lunch Yoga Flow 12pm (45-60 min) Renée</p> <p>Ritual Ride 5pm (30 min) Renée</p>	<p>Ride Circuit Yoga 5:30pm (60 min) Renée</p>	<p>Ritual Ride 7am (30 min) Karli</p> <p>Gentle Yoga 10:30am (60 min) Dina</p> <p>Mama 'N Me Safe Exercise Class 1pm (60 min) Dina</p> <p>WAAC Swimmers 4pm (60 min) Karli</p>	<p>Ride Circuit 9:45am (60 min) Shelby</p> <p>Ritual Ride 11am (45 min) Shelby</p>
24	25	26	27	28		
<p>Yin Yoga 5:30pm (60 min) Karli</p>	<p>Ritual Ride 7am (30 min) Karli</p> <p>Mama 'N Me Safe Exercise Class 12pm (60 min) Dina</p> <p>Ride Circuit 5:30pm (60 min) Dina</p>	<p>Ritual Ride 7am (30 min) Karli</p> <p>Mama 'N Me Safe Exercise Class 12pm (60 min) Dina</p> <p>Ride Circuit 5:30pm (60 min) Dina</p>	<p>Ritual Ride 5pm (30 min) Shelby</p>	<p>Ride Circuit Yoga 5:30pm (60 min) Karli</p>		