

# December 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Ritual Ride 11am (45 min)
2 <b>no classes today</b>	3 Yin Yoga 5:30pm (60 min)	4 Mama 'N Me Safe Exercise Class 12pm (60 min) Ritual Ride 5pm (30 min) Ladies Run Group 6pm	5 Ritual Ride 5pm (30 min) Intermediate Strength Class 6pm (45 min)	6 Ride-Core-Stretch 5:30pm (60 min)	7 Ritual Ride 7am (30 min) Mama 'N Me Safe Exercise Class 12pm (60 min) WAAC Dryland 4pm <b>Wine &amp; Flow 7pm</b>	8 Ritual Ride 11am (45 min)
9 <b>no classes today</b>	10 Yin Yoga 5:30pm (60 min)	11 Mama 'N Me Safe Exercise Class 12pm (60 min) Ritual Ride 5pm (30 min) Ladies Run Group 6pm	12 Ritual Ride 5pm (30 min) Intermediate Strength Class 6pm (45 min)	13 Ride-Core-Stretch 5:30pm (60 min)	14 Ritual Ride 7am (30 min) Mama 'N Me Safe Exercise Class 12pm (60 min) <b>Holiday Open House 5-9pm</b>	15 Ritual Ride 11am (45 min)
16 <b>no classes today</b>	17 Yin Yoga 5:30pm (60 min)	18 Mama 'N Me Safe Exercise Class 12pm (60 min) Ritual Ride 5pm (30 min) Ladies Run Group 6pm	19 Ritual Ride 5pm (30 min) Intermediate Strength Class 6pm (45 min)	20 Ride-Core-Stretch 5:30pm (60 min)	21 Ritual Ride 7am (30 min) Mama 'N Me Safe Exercise Class 12pm (60 min) WAAC Dryland 4pm	22 Ritual Ride 11am (45 min)
23 <b>Ritual Studio Closed</b>	24 <b>Christmas Eve! Ritual Studio Closed</b>	25 <b>Christmas Day! Ritual Studio Closed</b>	26 <b>Boxing Day! Ritual Studio Closed</b>	27 <b>open by appointment</b>	28 <b>open by appointment</b>	29 <b>Ritual Studio Closed</b>
30	31	1	2	3	4	5

<p><b>Ritual Studio Closed</b></p>	<p><b>New Years Eve! Ritual Studio Closed</b></p>	<p><b>Happy New Year! Ritual Studio Closed</b></p>	<p>Ritual Ride 5pm (30 min)  Intermediate Strength Class 6pm (45 min)</p>	<p>Ride-Core-Stretch 5:30pm (60 min)</p>	<p>Ritual Ride 7am (30 min)  Mama 'N Me Safe Exercise Class 12pm (60 min)  WAAC Dryland 4pm</p>	<p>Ritual Ride 11am (45 min)</p>
<p><b>Pricing:</b>            \$10 classes: Mama 'N Me            \$12 classes: Ritual Ride 30            \$15 classes: Ritual Ride 45, Intermediate Strength, Yin Yoga, Ride-Core-Stretch</p>						